WHAT ARE THE HEALTH BENEFITS OF ZEOLITE?

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Health benefits of zeolite are enlisted below:

DETOXIFICATION AND ANTIOXIDANT ACTION

Zeolites are negatively charged species that are capable of attracting negatively charged toxins and free radicals. The elimination of such damaging and toxic agents allows our body cells to function and repair themselves optimally. With our increasing age or exposure to an increased number of antigens, the antioxidant network fails to keep up its defence, thereby cells start mutating and causing cancer or creating tumours. Zeolite becomes part of an antioxidant network of our body, thereby breaking the chain of reactions causing oxidative damage and increasing oxidative stress.

ELIMINATION OF HEAVY METALS

Our exposure to environmental pollution causes the introduction of certain poisonous heavy metals in our body, thereby causing their abnormal accumulation in our various organs and tissues. These heavy metals degrade the liver's ability to metabolise such compounds and carry out body purification or **detoxification** optimally. However, zeolites with a high affinity to trap such miscreant metal compounds, produce a dramatic effect in reducing the risk of developing certain cancers and heart ailments caused by such metal depositions in our body.

ELIMINATION OF CANCER-CAUSING AGENTS

Various free radicals and other toxins that are present in our bodies cause large-scale tissue and cellular damage. If such damaging agents reach inside the cell, they may cause damage to mitochondrial or nucleic genetic material (DNA), thereby causing unwanted mutations which can be cancerous. So, such agents have to be neutralised or eliminated before entering the cells. Therefore, **zeolite** with its free radical stabilising and detoxifying abilities can help in preventing such devastation to a great extent.

PROMOTE HEALTHY DIGESTION

Zeolites are silicate compounds that can help in treating diarrhoea due to their anti-diarrheic action. Its molecules have a high affinity towards ammonium ions, therefore enabling the body to absorb less amount of ammonia through the intestinal walls into the system. Since ammonia is toxic to human cells and zeolites help in minimising the damage, especially to the intestinal epithelial cells. In this way, it promotes intestinal health and optimises water as well as nutrient absorption in our blood stream.

HELPS IN BALANCING GUT pH LEVELS

Zeolite helps in rectifying the overall buffering effect of our body fluids by optimising ion exchange, thereby regulating the pH to near-physiological levels.

HELPS IN STRENGTHENING OUR CARDIOVASCULAR SYSTEM (HEART AND BLOOD VESSELS)

When the stress of oxygen free radicals increases in the blood, they reach the heart, blood vessels, skeletal/cerebrovascular muscles, thereby causing diseases associated with their damage or their inability to repair themselves optimally. **Zeolites** can prevent such devastation by neutralising such free radicals and minimising the oxidative stress in the blood. Moreover, this action prevents cell wall deterioration in such structures and hinders LDL platelet aggregation which can help in preventing such conditions very effectively.

PROMOTE STRENGTHENING OF IMMUNE SYSTEM

The lymphatic fluid which carries the protective lymphocytes and the leukocytes (white blood cells) plays a vital role in the immune system's communication process including detecting, hindering/engulfing/killing and eliminating various potent pathogens, mutagens, antigens, and carcinogens (including damaged cells.) Zeolites with antiviral and detoxification activity help in eliminating such harmful substances and preventing their associated destructive attacks.

HELP IN ENHANCING BRAIN HEALTH

Oxidative damage is the major cause behind the life threatening strokes. Zeolite being antioxidant can prevent such devastating events to a great extent by becoming an integral part of the "antioxidant network" formed by vitamins A, C, E, and selenium in our body.

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